



**RAINBOW  
TRUST**

SUPPORTING FAMILIES  
WITH A SERIOUSLY ILL CHILD

# MY PERSONAL CHALLENGE SWEEPSTAKE

## 1 Choose your social circle

Let colleagues, family and friends know about the sweepstake to increase the numbers taking part and make it competitive. Take the sheet into the office and pin it to the notice board or pass it around. You could even post it on your social media and let people comment their choice of time below.

## 2 Choose the prize

Pick a prize and write it on the sheet. The choice is yours. The prizes could be anything from a bottle of bubbly, a voucher, or even a donation of time (personal assistant for the day).

## 3 Set the price

You want to get as many people picking a time as possible to help you with your fundraising and to add to the competitive spirit. Obviously the higher the price the more you will raise, however if you are only going to have a few people playing, lower the price and get them to pick more than one time!

## 4 Gather a cheer squad

Encourage everyone who has taken part to cheer you along on the day. Look out for us, we might have a cheer point at your event.

## 5 The finish line

Once you have finished, announce your official time and award the lucky winner!

If you have any questions please  
don't hesitate to get in touch  
**T: 01372 220 031**

# MY PERSONAL CHALLENGE SWEEPSTAKE

How long will it take  to cross the finish line?

- Please donate (suggested donation £2) to support **Rainbow Trust Children's Charity**
- The individual with the closest guess to my official finishing time will win

e.g.

02:40:00 Guessed by John Smith	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by	Guessed by	Guessed by	Guessed by	Guessed by
Guessed by	Guessed by				

and the winner is...

Actual time
Winner