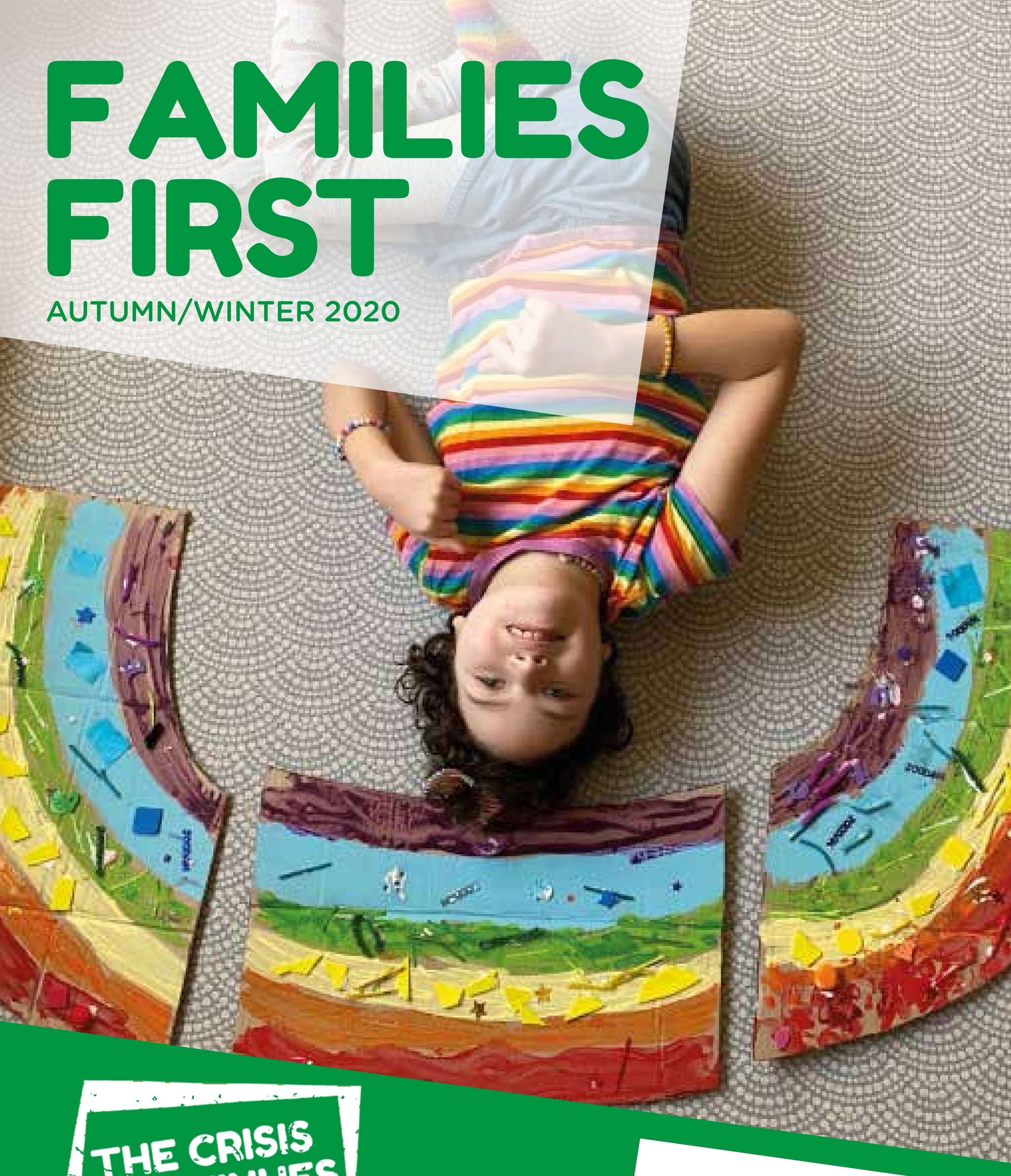
FAMILIES FIRST

AUTUMN/WINTER 2020



THE CRISIS CONTINUES

A week in the life of a Family Support Worker

For families like Asia's **the crisis continues**

RAINBOW TRUST

SUPPORTING FAMILIES WITH A SERIOUSLY ILL CHILD

Dear Supporter

I would like to say a heartfelt thanks to all our supporters who have helped us deliver critical support during the past six months by donating to our emergency appeal. Your ongoing support will mean we can continue to respond to the evolving needs and adapt our services to help families, many of whom will remain in crisis far longer than the public in general.

When it became clear the coronavirus was likely to become a pandemic the immediate and completely understandable reaction for people was – "what does it mean for me?" However, my first thought was – "everything is cancelled, how will Rainbow Trust survive with no income?"

There was, and remains, no doubt in my mind that Rainbow Trust must survive for the benefit of the families we support and those yet to come. It has been a tough year so far, and we have had some wonderful successes and, also, vast disappointments. The crisis is not over by any stretch of the imagination, but we have learned so much, and we feel overwhelmingly positive about our agility, adaptability and our resilience.

The pandemic has shown us that we can continue to do what we do best. Maybe by different routes and using different tools. And we may have to try harder and more creatively to ensure that the funding is there but our absolute passion is to ensure that families continue to receive the support they need.

We know that there has been a significant rise in need for Rainbow Trust's support. A report released in April confirmed that the number of children in England with life-limiting or life-threatening conditions has trebled over the last 17 years to 86,625(*).

This rise in prevalence matches our experience as we have seen an increase in the number of families referred to us for vital support, year on year. Whilst the pandemic resulted in a temporary slowing of referrals, one thing is clear - childhood illness does not stop. With the number predicted to rise by at least another 11% by 2030 we are here, and we have not given up on plans to continue to grow.

Once again, thank you, on behalf of everyone at Rainbow Trust.

Zillah Bingley, CEO

(*) The *Make Every Child Count* study was conducted by Lorna Fraser, Martin House Research Centre at the University of York, and funded by The True Colours Trust, released April 2020

Contents

When serious illness affects a child, family life is turned upside down. Rainbow Trust pairs each family with a dedicated expert Family Support Worker to help them face and make the most of each new day.

For the families we support **the crisis continues**. The pandemic gave others an insight into what life is like living in daily crisis, facing loneliness, isolation and the unknown. As the world moves towards a new 'normal' these families remain anxious - some facing a worse situation than they were in before.

STAY IN TOUCH

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FOR FAMILIES WITH A SERIOUSLY ILL CHILD, THE CRISIS CONTINUES

In April, when we learnt of the significant rise in the number of children in England with life-limiting or life-threatening conditions, we were gathering the results of our first snapshot survey of families supported by Rainbow Trust during the pandemic. We surveyed them again in June and it is clear that, for many of them, the crisis continues.

41%

of those who responded reported that their child's medical treatment has been affected

For these families there was uncertainty caused by the cancellation or delay of appointments. When a child's treatment has gone ahead, parents have had to balance even higher risk than usual, knowing their already extremely vulnerable child is in a medical or hospital setting with the worry of the virus. And when appointments were conducted by phone or video many worried about the implications that a reduction in routine and face-to-face check-ups could have on their child's illness.

Just under

60%

of parents who responded told us that their mental health is either worse or much worse than before the pandemic and lockdown

Whilst coping with cancelled or postponed medical appointments and treatment, many parents told us that their mental health deteriorated significantly and that the whole family feels isolated as they care for their seriously ill child round the clock.

Back in April, just under 80% said that their family situations were worse or much worse than before, and whilst the outlook improved slightly with 48% saying the same in June, this is still very worrying.

For

half

of the families who responded, Rainbow Trust is either the only or one of two sources of support

With social distancing many families lost their usual support networks of friends and family while they shielded. Communities who originally rallied around when the pandemic first hit have now returned to near normal so the need for support is higher than before.

The most vulnerable families are frightened to go out, to go back to work or even to hospital for vital treatment. They tell us that until they know they are safe from the virus, nothing will change. The anxiety felt by those with a life-threatened child is magnified.

From 1 August the guidance was paused altogether and 'clinically extremely vulnerable' children are no longer advised to shield by the government. However, parents of seriously ill children that we support continue to shield.

Anne Harris, Rainbow Trust's Director of Care says:

> *"We are aware of families who have already been advised that their child should continue to shield until the end of the year, and other families report feelings of confusion and uncertainty because of the way that communication has been handled so far. We urge the government not to forget this group of seriously ill children and their families simply because they are small in number and less visible in society."*

CHILDHOOD CANCER AWARENESS MONTH

Family Support Worker, Janet, eases the pressure on Rachel and Jordan's family

Rachel and Jordan have four children, Sofia is six, Ava is four, and twins Theo and Daisy are two years old and, as with most of the families we support, they have been shielding during the pandemic.

Theo and Daisy were born premature and, unfortunately, early blood tests revealed that both babies have a hereditary retinoblastoma gene which means that they are prone to tumours in their eyes. The only treatment if this cancer develops is removal of the eye so Rachel and Jordan were devastated when they heard the results.

Theo and Daisy are affected in both eyes and had tumours that were treated with cryotherapy (the use of low temperatures that freeze and kill the cancerous cells in the specific area).

This treatment causes the eye and eyelids to swell, it is very uncomfortable and can be very frightening for children. Fortunately, they haven't needed chemotherapy as well. Theo and Daisy need to have regular check-ups as they are at a high risk of tumours returning and it is vital that the tumours are treated as soon as they appear.

It has been quite a journey for the family. For the first five months of their lives, the twins were 38 miles away in hospital.

Neither parent drove at the time so they could only get there by train.

It was a hectic routine. From ensuring their eldest daughter could get to and from nursery each day, to juggling back and forth to the hospital between them with a toddler in tow by train and the underground, then being home again to make dinner and get the two healthy children to bed with as little disruption as possible.

> *“Some days I just wanted to sit and cry, but they are my babies and I had to get on with it”*
>
> said Rachel

And then, when the twins were discharged, travelling to and from hospital for appointments and tests became more and more difficult as they grew bigger and the juggle of childcare with the other two continued. It was overwhelming.

> “We tend to think about the negative, so it is good to have Janet there to help us see a little positive in it” said Rachel

The family was referred to Rainbow Trust initially for help with transport, which would make things less stressful for them. In fact, it would turn out to be so much more than that.

Rachel and Jordan met Janet, a Rainbow Trust Family Support Worker, and she started taking them to the hospital and often stayed with them all day there, offering any support that the family needed. Going to the hospital for check-ups is very hard for Rachel and Jordan because of the fear of relapses. Theo has been clear since November 2018, but Daisy relapsed after 10 months. Daisy has also been recently diagnosed with cerebral palsy which means she requires even more care.

Rachel says: *“It is scary going on my own so having someone to take me there gives us peace of mind – Janet knows the twins and knows us. It helps having her there when we are at our lowest. Just having her there takes so much pressure off us”.*

Janet also helps with Sofia and Ava, taking them on Rainbow Trust siblings days out - where they meet other children in similar situations and can have some free time, away from all the problems, medical appointments and worries about their ill brother and sister. She also often takes them on the 45 minute round trip to school.

Having Janet and Rainbow Trust’s support makes a real difference to the family. *“Without Janet life would have been very very tough. I would have had to deal with getting to London on my own – even just thinking about how I was going to take them up was so stressful. We found it so difficult those first months so when Janet started supporting, it helped the stress and made life so much easier. Janet took the pressure off”.*

Rachel and Jordan do whatever they need to do to avoid additional risk and ensure that the twins get the treatment they need. Rachel says: *“I couldn’t bear for either of them to lose an eye – I was bullied so much at school for being different and having a prosthetic eye and I couldn’t let that happen to them.*

Janet is an amazing Family Support Worker - she deserves an award for all the work she does with us and other families. Janet is like the positive part of it all for us. We tend to think about the negative, so it is good to have her there to help us see a little positive in it”.

Retinoblastoma is a rare form of cancer that rapidly develops from the immature cells of a retina, the light-detecting tissue of the eye. Around 45 children are diagnosed with retinoblastoma every year in the UK.

September is Childhood Cancer Awareness Month and Rachel’s story shows how difficult life can be for families caring for a child with cancer.

One third of the families we support are caring for a child with cancer. Year on year cancer remains the most common reason for referral to our service and despite the improvements in treatment and prognosis, the impact on all family members remains devastating.

It’s only thanks to your donations that we can give seriously ill or life-threatened children and their families expert, practical and emotional support for as long as they need it.

rainbowtrust.org.uk/donate-magazine

FOR FAMILIES LIKE ASIA'S

THE CRISIS CONTINUES

Asia's family was referred to Rainbow Trust in March, at the very beginning of lockdown. All other external support that they received completely stopped, and that is where Family Support Worker, Wendy, stepped in to help them to cope

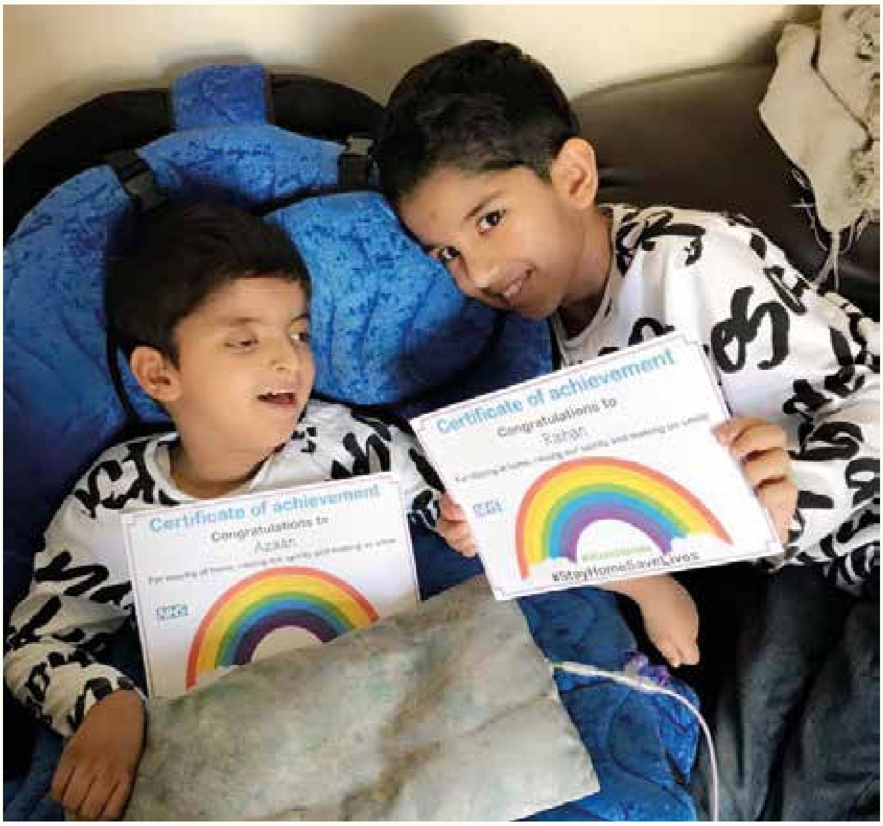
Azaan is my cute, cheeky and humorous boy who turned four during lockdown. He has a severe form of Joubert's syndrome - a rare disorder that affects the brain, causing different degrees of physical, mental and visual impairments. Azaan has developmental delay, low muscle tone, respiratory issues, polycystic kidney disease, is non-verbal and visually impaired. He can't hold his head up, is fed via a pump, sleeps about four hours a night and needs looking after 24 hours a day.

Azaan was on oxygen 24/7 when he was a baby but we managed to wean him off it by the age of five months old. As he grows, after months and months of hospital admissions - 11 back to back in 2019 - it has become clear that his condition is worsening. He can't be without oxygen when he has a cold or an infection. We have been to resuscitation, we have had emergency admissions and 2019 was a scary year when Azaan's breathing was a struggle. With constant pneumonia and chest infections, with a permanent partially collapsed lung, Azaan is now still waiting for an operation that was postponed due to lockdown to remove his tonsils and adenoids to help with his breathing.

Since I became a full time carer, I have lost my identity. I have lost friends, I have lost my past way of life. My job, my career goals, my dreams, they all had to be forgotten. I don't have a social life nor any time to relax and unwind anymore.

Before lockdown, Azaan attended a nursery which gave me some time to catch up on some sleep and other jobs. But all the external support stopped during lockdown, and I found day-to-day life both mentally and physically draining.

I also have a nine-year old son, Raihan, who needs attention from me, and I was worried about the effect lockdown would have on him. Even before coronavirus, it was difficult to take Raihan out because Azaan has serious special needs and he is in and out of hospital a lot. Lockdown made everything worse. Thankfully, we were referred to Rainbow Trust and had an assessment in person just before lockdown started.



Brothers Azaan, left, and Raihan showing off their certificates after isolating for three months during lockdown

Wendy took Raihan to the park. Unfortunately, his mum and Azaan were unable to join as Azaan had to go into hospital. Raihan was feeling very anxious about this so a couple of hours of fun was just what he needed

> ***“Wendy takes me to places and buys me ice cream. I wouldn’t be able to go to these places if she wasn’t there. She basically does everything nice for me. She is kind, really nice and amazing.”*** Raihan

Raihan needs fresh air, to run about, to enjoy time to be a child, to play, to be just a boy and I can’t always give him that so Wendy, our Family Support Worker from Rainbow Trust, started supporting us in April, at the height of the pandemic.

Wendy introduced herself to Raihan by video call, and they went on to have weekly video calls which involved playing games, story reading as well as general chats.

We got a wonderful surprise one day when Wendy knocked on the door with a box full of games, chocolate eggs and arts and crafts packs so Raihan could get creative and have something different to do.

All of this started to make a difference to him throughout the following months, and just after lockdown was eased Raihan went to the park with Wendy for a socially distanced ride on his new bike.

They have now been to the park several times, out for pizza and burgers and bought ice cream from the van – all things that a regular nine-year-old would do.

Most of my time is spent looking after Azaan and, unfortunately, Raihan has had to grow up pretty quickly. Like most children with siblings who have complex needs he is left on his own a lot. This is where Wendy steps in and helps out: by taking Raihan outdoors or play activities indoors, whatever he chooses.

Raihan loves Wendy and looks forward to spending time with her. Wendy is friendly and kind, very flexible and easy to talk to. Azaan has also really warmed to hearing Wendy’s voice - when he listens to her reading stories he seems very happy, with his eyes opened wide, which means he is excited.

For Raihan not only is it nice to have somebody different to play games with but now that he meets Wendy in person he is opening up and has started talking about his feelings. This is invaluable as he sees me being busy with Azaan all the time. Raihan also needs dedicated attention, time to feel special and Wendy is giving him that.

Wendy has been a big, positive change to my life. I know that Raihan has somebody he trusts and that he is enjoying both his time with her and happy trips out. I can see that he is becoming a happier boy, and all of us feel relaxed and comfortable with Wendy.

It hasn’t been easy, it is a lonely journey, a journey where most moments I live in fear and depression but with the help from Wendy we keep going.

Help families and **sponsor a Family Support Worker like Wendy today.** Your sponsorship will enable families who have a child with a life-threatening illness to make the most of time together as the crisis continues.

rainbowtrust.org.uk/sponsor-us

YOUR SUPPORT REALLY MATTERS

A snapshot of the children and families you have helped us support during the pandemic. Most of the seriously ill children we support are vulnerable so their families have had to shield.

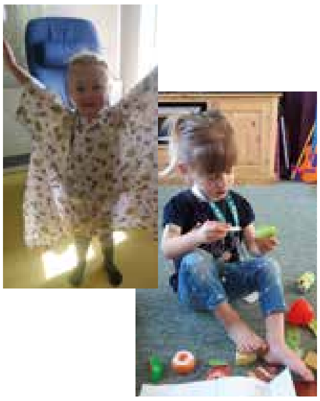
Maisy enjoying listening to Family Support Worker, Sarah, sing 'You raise me up' as part of her human jukebox 2.6 Challenge.

The first time Erin was able to go out in four months. Erin's brother is five and has an undiagnosed condition.

Aalaeya enjoying a Zoom arts and crafts play session. Aalaeya has ACO1 and is visually impaired.

Keeping a separated family still connected - a homemade friendship bracelet from sibling shielding at home for her seriously ill sister in hospital.

Lynette has a brain tumour. She completed a Lego challenge and was very proud of the model she built.



Maya, left, plays in hospital while her sister Ezri had fun playing with crafts and water.

Family Support Worker, Ema, dropped a gardening pack to Isla who has Hypoxic-ischemic encephalopathy and dystonic cerebral palsy.

Chloe has Acute lymphoblastic leukaemia and the family has been self-isolating. Family Support Worker, Jayne, has supported the family over the phone and dropped arts and crafts packs for Chloe to enjoy.

Ed enjoying a virtual sensory game with Family Support Worker, Wendy. Ed had lots of fun doing the smelling challenge.

Martha, whose brother Max has severe uncontrolled epilepsy, has had fun with gardening and cooking packs delivered by Rainbow Trust.

At a time of crisis we continue supporting families facing a very traumatic experience

During lockdown we adapted the ways in which we deliver support. Some of the one-to-one support sessions were done by video, Family Support Workers delivered arts and craft packs, we did food and medicine shopping for families, we played games and gave emotional support virtually to ill children and their siblings.

Playing, arts and crafts, time growing seeds and even virtual conversations give the children a break and enable us to look after their mental health and wellbeing. Unable to socialise during lockdown and, for some families, even months after lockdown, we are helping with their confidence, self-esteem and independence at a time when they need it most.

A WEEK IN THE LIFE OF A FAMILY SUPPORT WORKER

William is a Rainbow Trust Family Support Worker in the North West and shares a typical week with us

By William Mackenzie

Every day I check my emails first thing in the morning and I send figures and information to Anne, our Director of Care, at the end of the day so we can monitor how the nature of our support and service is changing due to the pandemic.

MONDAY:

First thing I checked if I had any messages from families over the weekend. Then I sorted my diary for the week and made sure all planning was done for virtual and one-to-one sessions with the families I'm supporting.

On Mondays we have our virtual team meeting which is an opportunity to stay connected with everyone.

I contacted the families that needed me to check in to make sure they are well and discussed any additional support they may need. Depending on responses I arranged further calls and one-to-one sessions - either in person or virtually.

TUESDAY:

I travelled to Blackpool to support Esther (aged six). She has been having chemo every week for nearly two years. Next week is her last week. We walked down the promenade and went to explore bits of Blackpool that she has never been to before. I am giving emotional support to her on our sessions and also use the time with the family to support her brother, Zac (aged eight), and their mum and dad.

It has been great to pick up this support post lockdown – we can go back into the family and offer the tailored support they need.

After that I planned the dads and mums support groups that I facilitate. This week the dads have chosen to complete an escape rooms experience and the mums are playing bingo. These groups happen every fortnight.

WEDNESDAY:

Today, my focus was sending out activities for families and I also delivered some activity packs like arts and crafts and seed planting. Families loved getting the packs and I really like seeing the pictures of their plants growing. It helps us engage with families given we cannot see them all in person.

Next, I checked in with the families that may attend the virtual sibling group tomorrow on Zoom and finally, at 7pm, I hosted the dads support group on Zoom (see over).

THURSDAY:

I travelled to Manchester to support a family from Lancaster who are staying there for six weeks as their daughter, Louise (aged eight), is having Proton Beam Therapy. The family had to relocate to Manchester for six weeks so Louise can attend the hospital every weekday to have this specialist therapy and appointments with the doctors. This is particularly difficult right now because of the ongoing issues with COVID-19 and local lockdowns. I arrived in Manchester at 8:30am to pick them up and take them from their apartment to The Christie Hospital – they were pleased to see a familiar face given that they are isolated from friends and family. I then took Jamie (aged six), Louise's brother, out for a few hours. It is hard for him because he has had to adapt to new surroundings, shielding and hospital visits. We went for a walk round a lovely park feeding geese and ducks. I then dropped Jamie back at the apartment and drove back home.

After that I helped with the sibling Zoom events we run every fortnight. There are around five children and they love to play games and enjoy talking to each other. We played games, told jokes, and finished by sharing a positive story.

FRIDAY:

I took part in the daily team quiz hosted by another team member. It is a bit of COVID-19 free time to start the day and helps the team to feel less isolated whilst they work from home.

I also attended a virtual monthly meeting with the local community nurses to catch up regarding families that we both support and how best to assist them.

I then checked with three families to continue the support I am giving and to ensure they are staying safe, coping, and that their ill child is doing OK.

The week above happened before further local lockdowns

You can help to make every precious moment count for families with a seriously or terminally ill child by sponsoring a Family Support Worker like William today.

rainbowtrust.org.uk/sponsor-us

THE DADS SUPPORT GROUP

William Mackenzie, Family Support Worker, Lancaster.

Last year I noticed that I had not met many of the dads in the families that I support. When you have a seriously ill child feelings of loneliness and isolation are common for parents so I suggested to a few dads that I was thinking of starting a group. There were some reservations but they all were willing to try it so we met one evening for the first time in a pub. It grew from there, and as they started to feel the benefit of spending time with others going through similar experiences to themselves, we would get together once a month just in a casual and relaxed way.

Keen that lockdown would not get in the way of this valuable time together, we switched to meeting fortnightly on Zoom and have enjoyed quizzes, a Father's Day special and even an escape rooms experience.

We regularly have four dads that attend from the Lancaster and South Lakes area. The dads have all felt comfortable sharing their stories and the support they give each other is fantastic to see. They tell me that they find it easy to talk about their experience of having a seriously ill child because the other dads "just get it".

Following this success, I have now set up a **Mums support group** too, and I feel excited and passionate about the potential for expanding this part of our service.

Watch Anthony, a member of the dads support group whose daughter has a brain tumour called a low grade glioma, talking about his experience: **facebook.com/RainbowTrust/videos**

LEE PARSONS TELLS US WHY SHE'S LEAVING A GIFT TO RAINBOW TRUST IN HER WILL

Lee has been a loyal and wonderful Rainbow Trust supporter for 17 years. Her interest in our work is closely linked to her husband being a Barnardo's boy.

Lee first came across Rainbow Trust when she worked for Kuoni Travel in Dorking. Kuoni had a fun day fayre with different stalls and Rainbow Trust was there. She hadn't heard of the charity before but Lee thought that Rainbow Trust did amazing work supporting families facing very challenging realities, coping with fear, anxiety and the unknown as their child is diagnosed with a life-threatening illness.

She remembers that her first gift to Rainbow Trust was a big teddy bear to be in Rainbow House, where families with a life-threatened child used to spend time for respite and support.

Rainbow House no longer exists but our Care teams have grown and cover a bigger area and thanks to supporters like Lee last year we supported 2,500 families with a seriously ill child.

The challenge of living with the reality that your child is seriously ill, and may die before you, is one that is faced by every family Rainbow Trust supports. Many families are coping with disruption, chaos, worries and frustration that may shatter their lives. We want to continue providing the children and their families much needed practical and emotional support, whether it is helping with hospital appointments or visiting the family at home or in a hospice today and in the future.

Lee tells us: *"I think that what Rainbow Trust does is wonderful and I am leaving a special gift in my Will to help Rainbow Trust to continue their work".*

We couldn't give our expert and dedicated family support to so many families of seriously ill children without such important and meaningful gifts. A gift in your Will, however large or small, will help us to continue to provide the support that families so desperately need for years to come. We will respect your wishes and decisions at all times and treat all enquiries and pledges in strictest confidence.

Lee says:

> *"If you are thinking of leaving a gift in your Will to a charity, please choose Rainbow Trust, as any child is worth helping and I can't think of a better charity. Thank you."*

To request more information or to pledge a gift in your Will please call 01372 220033, email hanne.widmer@rainbowtrust.org.uk or visit **rainbowtrust.org.uk/legacy**

Andrew Hay recently retired from his role as Global Head of Residential at Knight Frank, the well-known property consultancy, and has embarked on The Camino de Santiago hike - setting himself the target of raising over £100,000 for us.

Andy is taking the challenging, but most beautiful, path known as "The Del Norte" and plans to cover 25 miles a day. He set off from the Basque Region of South West France in August and will travel through the foothills and along the western spine of the Pyrenees and on to the north Spain coastal path.

Andy says: *"After two years of planning, my walk now seems even more precious as I have the freedom to roam after the restrictions of lockdown and we have all learnt that plans no longer last long. So, I approach the adventure with a flexible and relaxed mindset."*

Andy has already raised almost £60,000. A wholehearted thank you from everybody at Rainbow Trust.

FUNDRAISING HEROES

Thank you!

Oak Park Golf Club have chosen to continue the charity of the year partnership into 2022. So far they have raised an amazing £13,413.

St Margaret's Preparatory School did a virtual Rainbow Run raising a fantastic £2,188.

RBC Trade for the Kids went virtual and raised US$200,000 for Rainbow Trust.

the 2.6 challenge

After the London Marathon was postponed in April London Marathon Events and other event organisers launched the 2.6 Challenge to raise money to help save UK's charities. Participants were encouraged to take part in any kind of activity in relation to the number 26 or 2.6 and fundraise or donate.
Thank you to the amazing supporters who raised money for Rainbow Trust.

Beth cycled 26 miles and Cara cycled 26 kilometres raising a whopping £1,008.

Millie walked around the green 26 times, did 26 minutes silence and climbed the stairs 26 times.

Freya hula hooped for 26 minutes raising an amazing £398.

Amazing result at St Aidan's School when pupils ran the equivalent of 26 marathons.

LET ADAM INSPIRE YOU - CREATE YOUR OWN FUNDRAISING EVENT

Cancelled live fundraising and mass participation events are having a severe impact on our income. **But there are so many ways you can still help.**

During his cancer treatment, Adam was supported by Rainbow Trust Family Support Worker, Sean, who visited him in hospital for nearly a year. We are very grateful to Adam, who during lockdown decided to embark on an epic 250 mile virtual cycle from Stockport to London (via Leeds, where his cousin lives) to 'visit' his dad who he was unable to see due to isolation.

This would be a big challenge for any 13 year-old, but was a huge one for Adam, who still has long-term health issues due to his brain injuries. Adam managed to cycle around two miles a day, but other days he was too poorly to get on the bike at all. We called on supporters to help him by cycling or running a mile to keep him moving, donating to his JustGiving page and leaving a message of support. Adam managed to raise an incredible £4,000 for Rainbow Trust along the way!

INSPIRED?

You too can **#BeMoreAdam** and help change lives by setting up your own fundraising challenge.

We have created a fabulous series of events and challenges for you, your friends and family so **you can still help families with a life-threatened child.**

- Bake and sell to your neighbours and friends
- Ask for donations to Rainbow Trust instead of birthday presents
- Hold a socially distanced open garden
- Set up a PS4 or Xbox gaming challenge.

For the more physically demanding challenges, you could even

- Run the marathon on 4 October in your town or local park at the same time as elite athletes run the London Marathon
- Climb the equivalent of Mount Everest in 12 weeks to earn an Everest-themed medal.

The possibilities are endless! Visit **rainbowtrust.org.uk/events**, chose your challenge and set up a fundraising page.

Call our team on 01372 220083 to get going with your fundraising, and tag us on Facebook, Instagram and Twitter so we can cheer you along the way.

☑ YES! I want to help families with a seriously ill child as the crisis continues

Title **Name** **Surname**

Address

Postcode

I would like to receive emails: **Please call me on:**

☐ **£15** ☐ **£25** **Other:** ☐

☐ **I enclose my cheque made payable to Rainbow Trust Children's Charity or**

Please charge my: ☐ **Visa** ☐ **MasterCard** ☐ **Maestro** ☐ **Amex**

Name on card: ☐

Card No: ☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐

Security Code: ☐☐☐ **Issue No:** ☐☐ **Start Date:** ☐☐ / ☐☐ **Expiry Date:** ☐☐ / ☐☐

Please send your donation to:
Rainbow Trust Children's Charity, Cassini Court,
Randalls Way, Leatherhead, Surrey KT22 7TW
T: 01372 220083 **E:** supportercare@rainbowtrust.org.uk
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giftaid it ☐ Please tick, sign and date here to boost your donation by 25p of Gift Aid for every £1 you donate, at no cost to you. **Sign:** **Date:** / /

I want to Gift Aid this donation and any donations I make in the future or have made in the past four years to Rainbow Trust Children's Charity. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that tax year it is my responsibility to pay any difference.

You are helping us to support over 2,500 families each year and we would like to keep you informed about the difference that your support is making to those families' lives. We will stay in touch by post based on our legitimate interest to communicate with you but please tick here ☐ if you would prefer not to receive information by post. We will keep your details safe and you can change your preferences at any time.