# **OUR IMPACT** 2021/22

35 years of care: Because family means everything



# WHO WE ARE

Being told that your child is so seriously ill that they might die is one of the most traumatic experiences a parent can go through. We understand how devastating this news is, not just for the child but for the whole family. Life is shattered into a million pieces and will never be the same again. Dealing with everyday practicalities and supporting each other can be completely overwhelming both practically and emotionally.

# 100% of families rated our service as good or excellent

#### That's why Rainbow Trust is here.

Our expert Family Support Workers become a trusted constant in family life, providing practical and emotional support to families as they navigate the frightening world that they never thought they would find themselves in. It's why, since the day we were founded by Bernadette Cleary OBE, 35 years ago, Rainbow Trust has stepped up to help children and families when they need us most.

In the last decade the number of children in England who have a lifethreatening or life-limiting condition has almost trebled to around 86,000<sup>1</sup>. And this number is rising.



#### **Magic wand**

Taken from wishes by 105 children when asked *'What would you wish for if you had a magic wand'* as part of our annual snapshot audit 8-21 November 2021.

#### If I had one wish ...

*"Spend time to play with my Family Support Worker every day."* 

"Stop COVID so you could visit us in person."

# FROM OUR CHIEF EXECUTIVE

For 35 years Rainbow Trust has supported children and families as they face life with a serious childhood illness. This year COVID-19 continued to take its heavy toll on the everyday lives of many of the families we support and the care that we could safely deliver.

In 2021/22 our main priorities were to:

- Re-build referrals to pre-pandemic levels
- Reach more children and families by developing online support and establishing a new Family Support Team
- Increase volunteer support for families with less intense needs
- Develop new partnerships with health and social care providers.

Despite the challenges of the year, we made good progress and in this Impact Report you can read more about our achievements.

We want to say a massive thank you to all our supporters. Your donations large and small ensure that seriously ill children and their families get the support they need. You can see some of your highlights on pages 26-27.



# THE DIFFERENCE WE MADE

1,001

sick children

supported with

671

under the age

of four

#### 470 families stopped receiving support as they felt better able to cope

# 542

new families started receiving Rainbow Trust's support – 32% more than last year

> 1,126 families

> > supported

Childhood illness affects the whole family. On average<sup>2</sup> there are four people in each family, so the total number of people we reached last year was over

4,500



#### **Snapshot Audit**

Percentages are based on the responses of 105 children, 105 adults and the 43 professionals who responded to our annual snapshot audit in November 2021.

### **BECAUSE OF RAINBOW TRUST...**



# HOW WE DID IT

# In 2021/22 we took important steps to support more families.

We announced two new teams in Liverpool and Reading. These new teams will support up to 160 more children and families a year.

We also recruited five new Family Support Workers funded by members of *It's About Time*, a group of major donors committed to sustainably funding family support. These new Family Support Workers have already started and in time they will support an additional 125 families a year.

To significantly increase our ability to reach more families in need across the UK we continued to develop our online family support service. Launched during the pandemic, we provided support to eight families who live in areas where we don't have a Rainbow Trust Team on the ground. One in three of all families we supported received some form of support online to complement face-to-face support. To further the project, train colleagues and share best practice we appointed an 'Advanced Practitioner' and worked with Young Lives vs Cancer as a 'critical friend' to identify families in need of support.

Following generous funding, we launched the *Anne Harris Skills Development Programme* to boost the expertise and knowledge of front line care staff. This year, Family Support Workers, completed training such as Mental Health First Aid 'Train the Trainer' to lead the roll out of mental health first aid training to all Family Support Workers, 'Drawing and Talking' courses to give Family Support Workers further techniques to help reduce anxiety and worry in children and adults, counselling training to upskill in having difficult conversations and play therapy to enhance support for children.

**C** Our Family Support Worker is guiding us despite all the miles that separate us. There is somebody with us here and now for today's problems, tackling tomorrow's problems, taking us through to the end of Jacob's life.



- 2 Many of our Family Support Workers were also unwell with COVID-19 or isolating which reduced our capacity to support families.
- **3** In line with much of the sector, recruitment has been extremely challenging and throughout the year we have had several vacancies which has impacted our ability to support more families.

# TACKLING THE STRAIN ON PARENTAL WELL-BEING

Caring for a seriously ill child is one of the most stressful and traumatic experiences that a parent can go through. For many months, even years, their mental health can be under severe strain. It can feel completely isolating as parents often tell us that their friends and family don't understand what they are dealing with. For many, just leaving the house can be an ordeal with all the equipment they need for their sick child.

In 2021/22, the pandemic further intensified the pressures on families with a seriously ill child; families already coming to terms with a child's illness, coping with grief or managing altered routines. The rising cost-of-living crisis has again added to stress levels as many families we support have little to no room to make domestic cutbacks due to the high spending needed to run specialist medical equipment, the cost of frequent transport for hospital visits and increased general costs at home.



#### Family survey

Percentages are based on the responses of 72 families who took part in our survey in July 2022.

**66** We receive no direct support for charging his equipment and there is a lot. Bed, mattress, hoist, ventilators, humidifier, bath, pumps, suction machines, nebulisers, blender, steriliser, heat blanket. **99** A parent we support

### OF THE FAMILIES WE SUPPORT...

**63%** say that their mental health is their greatest concern **2 in 3** say that there is less money for essentials like food **74%** say that the cost of living affects them more because they have a seriously ill child

# YOUR IMPACT ON SUPPORTING PARENTAL WELL-BEING

This year we continued to provide essential practical and emotional support to help alleviate the immense pressure many parents were under. We gave parents someone experienced and trusted to talk to, listened as they shared their emotions and enabled parents to get some rest and respite.

As the cost of living increased creating additional family stresses, we sign-posted parents to financial help and provided significant levels of transport support. This alleviated worry of expensive trips to hospital for appointments and treatment that could be up to 100 miles away from a family's home.

Whilst our Family Support Workers do not provide counselling, their extensive experience of working with families with a seriously ill child can equip them to spot potential mental health issues and to act at an early stage. To respond to rising parental mental health issues, we introduced Mental Health First Aid Training for every Family Support Worker. This training will develop their skills to spot early warning signs, what steps to take as early intervention and to signpost specialist mental health or counselling services.

To help with feelings of loneliness and isolation, we continued to run groups and activity days for children and parents, including our Dad's Group in the North West, and a new group supported by the London and South East Care team. Both these groups gave fathers an important support network that improved their emotional well-being as they could talk about how they were coping to other fathers who understood and never judged. 6,879 sessions of emotional support for families

# 1,205

hours of emotional support for parents whilst driving to and from hospitals

# 391

financial support signposts to help families

#### SNAPSHOT AUDIT

79%

of parents said that, with Rainbow Trust's support, they felt better able to talk to each other



# RAINBOW TRUST'S SUPPORT GAVE US MORE TIME JOANNE, LILLY'S MUM

Lilly, aged 8, diagnosed with a heart defect at birth

Lilly was put on the heart transplant list at birth and when she was later diagnosed with cancer, we were supported by a Rainbow Trust Family Support Worker. When a suitable heart became available, Lilly was again admitted and we once again called upon Rainbow Trust's support. With Lilly in hospital for so long our two other children, Lea (aged 2) and Alivia (aged 10), were not coping well and this put a lot of extra pressure on us all.

"Initially Rainbow Trust supported our youngest daughter Lea who was being assessed for autism. Our Family Support Worker Joanne was amazing. She found a local, Special Educational Needs, toddler group and took Lea there every week. Joanne helped us to find a local childminder and a nursery that could take and support Lea, which helped so much during the week.

"In the school holidays Monica also supports with our oldest daughter Alivia, who has been diagnosed with ADHD. They attend a fantastic sibling group where she has made some lovely new friends, and she has taken her on wonderful fun days out to bowling and mini golf.

"Rainbow Trust's support has given us so much more time to focus on Lilly while she was in hospital. She received her heart transplant in April 2022 and has now returned to school. We can't thank Rainbow Trust and Monica enough, we have been through so much and the time that they have given us has helped make our road to recovery so much easier.

# COPING WITH GRIEF AND LOSS

No parent should ever outlive their child, but the sad reality is that some do.

Friends and family may not know what to say or do, they may even cross the street to avoid a conversation.

**66** Just the thought of my child dying is very worrying. How will I ever cope. How will I deal with it? **99** A parent we support

Siblings can also be profoundly affected. They might feel lost, abandoned, and frightened as they struggle to understand what is happening. School work can suffer, and they may lose their network of friends as the family focusses on their terminally ill brother or sister. Children may also not want to add to their mum or dad's worries or upset them more so avoid talking about what is happening – keeping everything bottled up inside.

Not receiving the right support at the right time can impact every family member for the rest of their life.

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#### If I had one wish...

"Make the world so that anything is possible so I could bring my sister back"



Kingston, aged 7 with his sister Ki Ki who died of a neurological disorder aged 4. **C** Ki Ki's death had a big impact on Kingston. He started having night terrors, was unable to sleep and was having a really difficult time. Kingston is so considerate that he didn't want to talk to us about what was happening with him and how he was feeling as he didn't want to upset or worry us. He kept it all in.

Teissy, Kingston and Ki Ki's mum

# YOUR IMPACT ON HELPING FAMILIES

Family Support Workers make a profound difference to families' lives as they try to get through the nightmare of the death of their child.

Family Support Workers help families prepare. They may visit a family once or twice a week to do anything needed. Parents may want to talk and cry, share their fears, ask for advice about complex medical decisions, or ask for help with funeral arrangements.

Family Support Workers may look after a sick child so mum or dad can have some time to themselves. They might help around the house so parents can play with their children and have fun.

As parents, brothers and sisters try to cope with their grief, our Family Support Workers, trained in bereavement support, know what to do and what to say. Younger children gain trust of their Family Support Worker so that they can talk to them about how they are feeling and ask the questions that might upset their mum or dad.

This year we started to share our expertise and developed specialist, accredited, bereavement training, not just for our staff and volunteers, but also to educate other providers and organisations.

Rainbow Trust's support, if needed, will continue after bereavement, helping families cope with the aftermath, until they can manage on their own.

**C** Our Family Support Worker has supported us since 2016. Since our son died, she has helped with grieving and takes me to the grave to help me maintain it and we sit and talk about the memories we share about my lovely son.

A parent we support

13

490

hours of bereavement

support

48

families were

helped through

the death of

their child



# WE WOULDN'T HAVE BEEN ABLE TO COPE ALONE PAUL, CHARLOTTE'S DAD

Charlotte, aged 4 months, diagnosed with cancer at two and a half months old

When Charlotte was born in August 2020 she began life as a normal baby girl. Sadly, that was all to change when we noticed that she was unsettled and agitated so we took her for a check-up.

"We were completely shocked to find out that Charlotte had a brain tumour. She was rushed for surgery to remove as much of the tumour as the doctors could, but it was already too big and too entwined within her brain to be removed and given her young age any radiation treatment was a huge risk. It was devastating.

"The tumour was later confirmed to be a rare and aggressive form of brain cancer that would be terminal for our baby and a few months later, in January 2021, she passed away peacefully at home.

"Our families and friends were unable to travel to support us because of pandemic restrictions and, despite the wonderful hospital care, the lack of family nearby meant that we were in desperate need of extra support.

"We contacted Rainbow Trust and were blown away by the speedy offer of regular support from our Family Support Worker, Angie, who we started speaking to on Zoom and on the phone. The support has been unbelievably helpful. Rainbow Trust understands the importance of helping us through the entire process, including the grief when our child died. Rainbow Trust has continued to provide us with online support. I cannot thank them enough.

# BOOSTING CHILDREN'S CONFIDENCE

Sick children can spend a lot of time in hospital and may miss months of school. Physical changes that children go through during treatment can also make them feel self-conscious and not want their friends to see them.

They can feel isolated from their peer group and also worry about going back to school as their previous friendship groups have changed which excludes them.

Healthy siblings are also affected; they can become isolated as friends fall away and children can be left feeling lost and 'different' to their peers. Parents will often have less time to focus on siblings and routines change around the needs of the seriously ill child. Parents may be away from home for hours if not days for hospital stays, treatment programmes or appointments.

Getting to and from school can be difficult as well as keeping up with normal activities. This can impact on their education and lead to the child feeling isolated.

Siblings may struggle to understand what is happening, some may worry, and it might be difficult for them to share their anxiety.

These changes can have enduring consequences on a child's mental health, self-esteem, and education.

# YOUR IMPACT ON BOOSTING CHILDREN'S CONFIDENCE

Our Family Support Workers use a range of techniques to help children handle the many difficult emotions they may have. And much of the expert practical and emotional support given is designed to tackle feelings of low self-esteem and help children process their emotions.

Towards the end of the year, we reintroduced group events for children and families as an important way to rebuild connections after the isolation that many of them had felt during the pandemic.

For siblings, our North West team held two further Youth Resilience Groups, a programme introduced in 2020 to help children and young people develop greater skills in managing the changes in their family lives and the impact a sibling's serious illness has on their lives. Over the coming years we want to make this type of support available in every Care team. **3,334** hours of support for sick children

2,841 hours of sibling support

> **21** family activity or siblings' days out held

To reduce anxiety and worry and enable siblings to cope better, we started to offer a six-week Drawing and Talking Programme, with excellent initial results.

#### SNAPSHOT AUDIT

98% of children said that Rainbow Trust's support helped them have more fun What is the most important thing Rainbow Trust does?

3 out of 4 children said

'spend time with me'

Half of all children said 'help me have a positive attitude'

#### SNAPSHOT AUDIT

Before Rainbow Trust's support...

**1 in 5** children said that they felt nervous, lonely, sad or angry

**1 in 10** children said that they were lonely or had no one to talk to

#### If I had one wish...

*"I would like to be like everybody else and not have my condition and be deaf in one ear. I would like my brother not to have it too."* 

"To bring my brother back and make us all happy again."



# I HAD TO COUNT DOWN THE DAYS FOR HIM UNTIL HE SAW HER NEXT KRYSTAL, KAHMARI'S MUM

#### Kahmari, aged 6, diagnosed with leukaemia aged 5

When Kahmari was diagnosed with Acute Lymphoblastic Leukaemia it was devastating news. I could not comprehend what was happening. I felt really upset, I was angry and very sad."

"A month after Kahmari's diagnosis we were referred to Rainbow Trust by a social worker and initially met our Family Support Worker Wendy over the phone, due to COVID restrictions at the time.

"His initial chemotherapy treatment and steroids made him feel very ill and he was very upset, but Wendy immediately started building a bond with him.

"He was very shy and quiet when they first met. Wendy worked on building a rapport with him and Kahmari soon developed a close friendship with her. He is much more confident and affectionately calls her 'Wenshy' as he finds it tricky to say her name.

"He would call out 'Wenshy' to any lady with brown hair in the hospital as he was so keen to spend time with her.

"Kahmari's treatment is now mostly at home, so Wendy visits us there. He is always so excited to see her, and especially loves it when she helps him to reach the next level on his Nintendo game! We honestly couldn't imagine life without her. Her positive attitude has helped us to continue and feel motivated.

# COPING WITH THE PRESSURES OF A BABY IN INTENSIVE CARE

One in eight babies born in the UK require neonatal support. Parents eagerly look forward to bringing their new-born baby home, so it can be extremely disorientating when a baby is born prematurely and/or with complex health needs and taken straight from their parents to the neonatal intensive care unit. It may not have been possible for the new parents to see, let alone hold their baby, before medical staff take charge.

Parents are often unprepared and shocked; mothers may need medical care and families may need help caring for older siblings who may not be allowed on the ward.

The National Maternity Review report (2016) highlights the importance of parents bonding with their baby. If a baby survives infancy the strength of these bonds is the main predicator of how well a child will do both in school and in life. If these bonds fail to form then their physical, emotional, and/or intellectual development may suffer. But the NHS currently doesn't have capacity to support parents and siblings, or if their baby dies to help families cope with their grief as well as the overwhelming practicalities which follow a baby's death, such as paperwork and funeral arrangements.

The impact of this support, or lack thereof, can have long-term implications for their well-being and mental health.

**55** I have stress and worries about my poorly baby, that I spend so much time in the hospital feeling isolated, also the stress of leaving my elder daughter and the impact it's had on her, and not having any time to spend with my husband.

# YOUR IMPACT ON HELPING PARENTS COPE WITH THE PRESSURES OF A BABY IN INTENSIVE CARE

Neonatal support is different from the more 'general' support we offer, as it is often more urgent, more intensive and over a shorter period. We 'look beyond the incubator' and consider the wider impact on the family and mobilise additional support to help. 1,048 hours of neonatal support for families

81

babies and their

families were

referred to us

for support

Support could be for parents' emotional well-being to reduce levels of anxiety and stress, someone to accompany them to difficult appointments and in conversations with doctors, making sure older siblings can get to nursery or school, or providing transport to and from hospital so parents can visit their baby.

**C** I love the support my family has received since my boys were born. I cannot fault the service as it has allowed me to visit my son in hospital and, if I am ever stressed or anxious, I always feel better after talking it through with our Family Support Worker.

We can provide bereavement support giving parents the time and space to talk about their grief, discuss options and communicate how they would like end of life care to be, enabling families to take their baby home to die if they wish. We help families to feel that their baby's life had meaning, no matter how short.

After years of campaigning from charities and families, this year we welcomed the introduction of the Neonatal (Leave and Pay) Bill. When this Bill is passed, it will give parents access to paid leave and the support they need whilst their baby remains in hospital, instead of being forced back into work.



Delilah, aged 7 months was born with a serious genetic condition. We help Elle, her mum by taking them to hospital appointments and providing emotional support.



# RAINBOW TRUST MADE OUR LIVES THAT BIT EASIER KATE, REGGIE'S MUM

#### Reggie, aged 1 born prematurely at 26 weeks

The first 13 weeks of Reggie's life were spent in the hospital's neonatal intensive care unit. Reggie was diagnosed with several conditions including sepsis, two collapsed lungs, a hole in his heart, chronic lung disease, bone disease and five air pockets on the brain which caused brain damage.

"It was such a stressful time made much worse as we felt like part-time parents; constantly split between our children at home and little Reggie in hospital all of whom very much needed us. In those early days we didn't know whether he would survive - we didn't want to miss a moment with him.

"It was a huge relief when the hospital introduced us to Rainbow Trust and we met Sammii, our wonderful Rainbow Trust Family Support Worker. Reggie's brothers and sisters took to her straight away and even though COVID restrictions at the time meant that after the initial meeting they only met her via Zoom, her calls were always a highlight for them.

"Reggie's home coming was met with delight by the whole family, but the joy went hand in hand with a large dose of worry. Reggie required oxygen 24/7 at home, and we no longer had the full-time support of hospital nurses. We were also worried about how our other children would adapt. Our Family Supporter Worker, Sammii, helped us immeasurably.

"I know we would not have coped so well, and our lives would have been significantly harder were it not for Sammii. All the children look forward to seeing her and her visits are a real highlight.

### **VOLUNTEERS GIVING BACK**

Throughout the year our great volunteer team provided support directly to families and helped us to raise the money.

This year volunteers gave 47% more time than last year, but this was still far below pre-pandemic levels. The impact of the pandemic meant we lost 24% of our Family Support Volunteers and the return has been slow with some areas of volunteering still paused due to ongoing limited hospital access. However, we welcomed 23 new Family Support Volunteers and although this fell short of our plans, our team of Family Support Volunteers enabled us to support more families, particularly those with less intensive needs, and to increase levels of support to families where their needs were more complex. 200 volunteers gave us their support

1,768 hours of volunteer support to help sick children and their families

> 400 hours of independent family support

### **STRONGER WORKING TOGETHER**

21 new families referred by Shooting Star Chase Children's Hospices Our goal is to work in partnership with others to reach more families, ensure support is joined up, to learn from others and to share our expertise. This year we completed a successful joint-working project to support families with Shooting Star Chase Children's Hospices and started working with several new partners, including Tees Valley CCG to increase family support in the area, and Sebastian's Action Trust to map provision of support services for families in the Reading area.

We were also delighted to start working with Kentown Wizard and Together for Short Lives on an exciting community-focussed children's palliative care initiative in North West England covering Lancashire and South Cumbria. The goal of this new groundbreaking and transformative project is to bring together specialist children's palliative care nurses, Family Support Workers, and family service coordinators to ensure that children and families get the right care and support, when and where they need it.



# OUR INCREDIBLE SUPPORTERS



Staff at Royal Bank of Canada donated an amazing £162,500



Rob Delaney joined us at our London Carol Concert



Incredible CarFest, created by radio presenter Chris Evans raised £151,000



Staff at Macfarlanes selected us as their Charity of the Year



Four-year-old Rosie helped us with our awareness campaign, Rainbow Rock



Generous i newspaper readers donated over £150,000



Great British Bake Off star and presenter Briony Williams shares her Rainbow Cookies recipe for Great Rainbow Bake



We celebrated 35 years of Care at our Anniversary Ball raising £590,000



The fabulous ILC network reached £1million raised for children



63 runners from bakers, Greenhalgh's, took part in Great Manchester Run



Rainbow Trust colleagues joined our SkyDive35 campaign raising over £5,000

#### If I had one wish...



"Change my Family Support Worker into a frog and she can eat flies."

"Be better and be home in my own room - then fly to Disneyland with all my family and get fat eating lots of delicious food."

### HOW YOU GAVE US YOUR SUPPORT

Last year, because of your generosity we raised £5.3m to help children and families cope.



## WHAT WE DID WITH YOUR POUND

We spend the money you give us carefully, mindful of your time, effort and generosity that went into raising it. Your pound is either spent directly on supporting families or on raising the next pound. We get very little money from statutory sources, so we must raise every penny to help children and families and it costs money to raise money.

# Last year for every pound we spent on fundraising, we turned it into £5.30.



#### How much we spend on raising money

Donations and Legacies	£559,136
Fundraising events and commercial operations	£420,884
Acquiring new donors	£19,310

#### How we spent it on supporting children and families

Supporting the sick child (20%)	£536,901
Helping brothers and sisters (19%)	£523.274
Supporting parents (56%)	£1,528,942
Taking care of extended family (5%)	£136,269
Total spent on care and family support services	£2,725,387

This year the gap between our income and expenditure is £1.5m, of this £186,000 was set aside to spend in 2022/23 on care services. A further £1.3m was set aside in 'strategic funds' to ensure that our ambitious growth and investment plans to support more children and families are sustainable and responsibly funded from the outset, particularly given the current adverse economic climate. This includes investment into our people, infrastructure, equipment and systems to support a growth in services.

These summary financial statements are based on our full Annual Report and Accounts for the year ended 30 June 2022 which were approved by the Board of Trustees on 18 October 2022 and can be viewed on the Charity Commission's website.

### LOOKING TO THE FUTURE

2022/23 is set to be one our busiest and most exciting years yet as we continue to grow our reach and impact.

#### In 2022/23 we will:

- 1 **Continue** to develop our service to reflect the needs of families
- 2 Fully open **two new care teams** in Liverpool and Reading
- 3 Continue to **expand our online service** to support newly referred families
- 4 Amplify our voice as one of the **leading advocates** for children's social care
- 5 Continue to **improve** our fundraising effectiveness and sustainability
- 6 Support our staff to be their best
- 7 Ensure our volunteers are engaged and adding value to every team
- 8 Increase our use of digital technologies



# THANK YOU

#### We couldn't have done it without you!

Thank you for all your generosity and everything that our supporters, volunteers, and staff have done in the last 12 months. Your passion and determination never cease to amaze us. Thank you to our patrons and trustees for their support, the Hampshire Friends, our celebrity supporters, and the fabulous events' committees who help us raise vital funds all year round. We would especially like to thank the wonderful families who share their personal experiences of Rainbow Trust's support bringing to life what we do and why.

#### **Organisations**

Advent for Change Almacantar Arch Insurance **Bytes Software Services** CarFest deVere Europe Filton Golf Club FWD Consulting Hanover Search Harbottle & Lewis LLP K2 Corporate Mobility Kennedys Law LLP Lina Desian Limited Macfarlanes I I P **Maplestones Solicitors** Natta Paperchase Polar Capital Plum Products Ltd **RBC** Capital Markets Samsic UK Simplyhealth Sporting Bears Motor Club St James Group The I Love Claims Community **TNV Construction Ltd** Topgolf Tracks Publishing Ltd Tyrrells Wood Golf Club

#### Trusts

Always Look on the Bright Side of Life Charitable Trust Annette Duvollet Trust **BBC** Children in Need Cumbria Community Foundation **FBM** Charitable Trust Edward Gostling Foundation Ernest Kleinwort Charitable Trust Essex Community Foundation Gerald Palmer Eling Trust The Hadfield Trust John Horniman's Children's Trust Masonic Charitable Foundation Morecambe Bay CCG Sir Cliff Richard Charitable Trust Sir James Knott Trust St Hilda's Trust St James's Place Charitable Foundation The Sterry Family Foundation Tees Valley CCG The Eric Wright Charitable Trust The Ingram Trust The James Tudor Foundation The Kentown Wizard Foundation The Lawson Trust The Tanlaw Foundation The Taylor Family Foundation The Zochonis Charitable Trust

# RAINBOW TRUST SUPPORTING FAMILIES WITH A SERIOUSLY ILL CHILD

**C** Despite being told their child is seriously ill or that their child is going to die, the normal everyday things still need doing. Bills need to be paid; meals cooked...the list is endless. Families have to learn the new language of medicine, how to give drugs and assess symptoms, as well as getting to and from hospital appointments. Many will be watching their child's health deteriorating and facing an inevitable death. With most services our starting point is saying 'this is what we can offer', with Rainbow Trust, it's 'what do you need'. Rainbow Trust do all the things that no other services offer and they provide real, practical support.

Finella Craig, Consultant in Paediatric Palliative Medicine, Great Ormond Street Hospital

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We receive less than 1.5% statutory funding and rely on voluntary donations, including Gifts in Wills. For more information on how to support Rainbow Trust, please visit **rainbowtrust.org.uk** or call 01372 363438.



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